

Goodness Gracious Healthy Foods

VEGAN & VEGETARIAN

FOOD

FALAFEL & HUMMUS

Served in a wholemeal pitta with a huge serving of goodness salad. Served with tahini sauce and hummus

Allergens: cereals containing gluten and sesame if served with tahini sauce

GOODNESS SALAD

Freshly made daily a delightful 18 ingredient salad

Served with homemade vinegarett

Allergens: sesame

HALLOUMI

Additional grilled halloumi

Allergens: dairy

VEGGIE BURGER

A delicious quorn based burger with a meaty-like flavour

Served in a granary roll with goodness salad

Allergens: cereals containing gluten

MEXICAN BURGER

Our best seller – a hearty burger made with mixed veg

with a bit of spice! Served in a granary roll with goodness salad

ORGANIC TOFU BURGER

A lovely mixture of grains and nuts bound with tofu

Served in a granary roll with goodness salad

Allergens: cereals containing gluten, peanuts & soya

HOMEMADE CAKES

A delicious choice of carrot cake, apricot or date slice & nut flapjack

Allergens: all include cereals containing gluten. Fruit & nut flapjack also contains nuts and sulphur dioxide

DRINKS

Selection of Fairtrade teas

Choice of Fairtrade barista coffees

Selection of cold drinks-organic cans